



Saluki Swim Club
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FOR IMMEDIATE RELEASE

Saluki Swim Club Will Hold Athlete Evaluations

Carbondale, Illinois – The Saluki Swim Club will hold athlete evaluations in Pulliam pool on Monday, 28 July at 6:30p for families interested in joining the Fall 2008 training session. Children must be at least 7 years old, able to swim 50 yards each of freestyle, backstroke, and breaststroke, and be able to dive off the side of the pool. Children will also engage in a short workout of 400 to 700 yards depending on age. This simulates what athletes will experience in an actual training session.

Contact the club office at 457-1103 to reserve a spot in the evaluation session or for more information. Families can also visit the club website, www.swimsaluki.com, for a full description of club programs.

About the Saluki Swim Club

The Saluki Swim Club is a not for profit Illinois corporation that offers instruction and training for athletes in the southern Illinois region. It organizes several large invitational competitions throughout the year, and is a member of United States Swimming, the national governing body for the sport.

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