



January 4, 2010

Saluki Swim Club

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Practice changes

Please note that the most timely changes to the practice schedule are available on the club website at www.swimsaluki.com

Each month, your statement will be sent out on the 20th. If you have any questions regarding your statement, please call 457-1103 or email coach@swimsaluki.com.

"Excellence is not a skill. It is an attitude."

~Ralph Marston



MEMBER CLUB

Building a Culture of Achievement

Update #188

-Continued -

Welcome to Winter Session 2010

It is January 2010 and we have started yet another new year! 2009 was a great year for Saluki Swim Club with many of kids learning how to swim and even more perfecting their strokes and competing. We could take time and compile all the stats for the past year, but I prefer to look ahead to this new year! We have several exciting meets coming up in the next couple of months. February and the first week in March will complete the short course (25 yard races) season. And spring will bring the beginning of the long course (50 meter races) season.

I hope that you had a wonderful holiday season and are looking forward to this new year as much as I am! We are happy that you are swimming with us in 2010!

Saluki Swimmers Place in Tennessee Meet of Champs

Nine Saluki Swim Club swimmers traveled to Brentwood, TN to compete in the Southeastern Swimming Meet of Champs, December 4-6. Saluki swimmers achieved lifetime best times in 59% of their races. Altogether Saluki swimmers achieved 1 Junior National qualifying time, 16 Sectional qualifying times, 47 Ozark qualifying times, 1 AAAA, 12 AAA, 22 AA, 12 A, 11 BB, 10 B times. Saluki Swim Club was lead by seventeen year old Elizabeth Bell who won the high point award for the Senior girls' age group. Elizabeth finished 1st in the 100 fly, 200 breast, 50 and 100 free, 2nd in the 100 breast and 200 IM, and 3rd in the 200 free and 100 back.

Announcements

Upcoming Meets:

The Meet calendar for the 2009-2010 swim season is posted on the webpage. Please, plan ahead, and keep an eye out for upcoming deadlines. Meet sign-up deadlines are strict deadlines. Make sure to mark your calendars!

January 22-24 - FAST Winter Invitational - St. Louis, MO - **Deadline: Dec. 28**

February 5-7 - Gator Great Times Meet - Cape Girardeau, MO - **Deadline January 4**

February 26-28 Ozark Championships - Qualifiers only - St. Peters, MO

Other Saluki swimmers who finished in the top 16 in the meet included: Camille Davis (15 years old) – 2nd in the 100 back, 5th in the 200 back, 11th in the 500 free, 12th in the 200 free, 14th in the 100 fly, 15th in the 100 free, and 16th in the 50 free. Ryan Hall (15 years old) – 11th in the 1650 free. Calvin Kolar (17 years old) – 2nd in the 200 free and 200 breast, 3rd in the 100 breast and the 100 free, 6th in the 100 back and 200 IM, 7th in the 400 IM, and 9th in the 50 free. Darlene Sao (16 years old) – 13th in the 200 breast and 200 IM and 16th in the 100 back and the 500 free. Jacob Stone (12 years old) – 2nd in the 50 and 100 breast, 3rd in the 1000 free, 5th in the 50 back, 100, 200, and 500 free, and 6th in the 50 free. Kelsie Walker (13 years old) – 1st in the 200 fly and 500 free, 3rd in the 200 free and 400 IM, 7th in the 100 free, 8th in the 100 fly, 9th in the 200 IM, and 12th in the 50 free. Kyle Walker (16 years old) - 9th in the 1650 free. Jacob Stone also broke the team record for the 11-12 boys 1000 free. Jacob, Elizabeth Bell, Camille Davis, Calvin Kolar, Kelsie Walker and Kyle Walker all added their names to the Saluki Top 5 in their respective age groups. The relay team of Kelsie Walker, Darlene Sao, Camille Davis, and Elizabeth Bell finished 1st in the 400 free relay and 2nd in the 400 Medley Relay. The girls' relay team qualified for Sectionals in both relays. The relay team of Ryan Hall, Jacob Stone, Calvin Kolar, and Kyle Walker finished 6th in the 400 free relay and 8th in the 400 Medley Relay.

March 4-7 Region 8 Sectional Championships - Oklahoma City, OK - Qualifiers only -

Saluki Swim Club Mailing List and More

If you are not receiving regular emails and newsletters, please submit your email address using the form on the bottom right hand side of the homepage. If you have any questions regarding the team or your account, please email Coach Jay or call Saluki HQ at 457-1103.

Tri-State Championship Results

Fifty-four Saluki swimmers lead the team to a victory over three other teams. Saluki Swim Club scored 545.5 to Paducah Swim Team's 178, SEAL's 151, and Gator Swim Team's 136. Eleven Saluki swimmers (Sara Coello, Stephen Cohen, Ashlee Kuan, Cameron Kuan, Darlene Sao, Joan Shang, Austyn Sigler, Jacob Stone, Emily Stroud, Kelsie Walker, and Daniel Yang) achieved 21 Ozark qualifying times in the meet. In all Saluki swimmers achieved 47 B times, 34 BB times, 8 A times, and 5 AA times. In all Saluki swimmers swam personal lifetime best times in 44% of their races. Saluki swimmers who scored points in the meet included: Bethany Akinduro (9) – 2nd in the 50 breast and 5th in the 50 free; Aidan Anthony (10) – 4th in the 50 breast; Cody Bailey (13) – 2nd in the 200 IM, 100 fly, 100 and 200 free; Parker Barden (8) – 3rd in the 25 free and 25 back; Daniel Burgener (12) – 2nd in the 200 free and 3rd in the 100 free; Amelia Coello (12) – 1st in the 50 back, 2nd in the 50 free, and 3rd in the 50 fly and 100 IM; Louisa Coello (10) – 5th in the 50 fly; Sara Coello (13) – 2nd in the 100 fly; Stephen Cohen (17) – 1st in the 200 IM, 100 free, and 100 breast and 2nd in the 50 free; Simone Corpora (14) – 2nd in the 100 breast; Harley Crawshaw (11) – 4th in the 50 fly and 50 back; Charlee Furlow (11) – 2nd in the 50 breast; Annika Gally (7) – 1st in the 25 back, 2nd in the 25 free, 3rd in the 25 fly and 25 breast; Kristie Huff (16) – 2nd in the 200 free; Brett Jackson (16) – 6th in the 200 free; Alexis Jones (9) – 4th in the 50 and 100 free and 5th in the 50 back; Trevor Jones (13) – 2nd in the 50 free, 3rd in the 100 back, 100 and 200 free; Jared King (17) – 2nd in the 100 breast and 5th in the 100 fly; Ashlee Kuan (13) – 1st in the 100 back; Cameron Kuan (10) – 1st in the 50 and 200 free and 4th in the 50 back; Luke Lauzon (10) – 4th in the 50 free, 5th in the 50 fly and 100 IM, and 6th in the 50 back; Marcos Lightfoot (9) – 5th in the 100 free; Caseton Luthy (15) – 4th in the 50 and 100 free; James Medwedeff (14) – 2nd in the 100 breast and 3rd in the 50 free and 200 IM; Miranda Payne (14) – 1st in the 100 breast; Melana Quarles (7) – 3rd in the 25 back; Eleni Robinson (12) – 3rd in the 200 free and 4th in the 100 free; Natalie San (16) – 1st in the 100 back, 2nd in the 200 IM and 50 free; Darlene Sao (16) – 1st in the 50 and 100 free; Joan Shang (15) – 1st in the 200 free and 200 IM and 2nd in the 100 free and 100 breast; Austyn Sigler (16) – 1st in the 100 breast and 2nd in the 100 back; Isabella Snyder (8) – 1st in the 25 free, 25 fly, and 25 breast, and 3rd in the 100 IM; Austin Stogsdill (16) – 4th in the 200 IM; Jacob Stone (12) – 1st in the 200 Free, 100 IM, 50 fly and 50 back; Emily Stroud (13) – 1st in the 200 free, 2nd in the 50 free and 100 back; Tyler Underwood (12) – 2nd in the 100 free, 4th in the 50 free and 100 IM; Kelsie Walker (13) – 1st in the 200 IM, 100 fly, 50 and 100 free; Kyle Walker (16) – 2nd in the 100 back; Daniel Yang (12) – 1st in the 50 breast, 2nd in the 50 free and 50 back, and 3rd in the 50 fly; Zoe Yeshayahu (12) – 3rd in the 50 breast; Taylor Yucus (11) – 5th in the 50 breast. Saluki Swim Club relays that won their events included: the relay team of Melana Quarles, Bella Snyder, Annika Gally, and Chloe Bailey won the 8 and under girls' 100 medley and 100 free relays; the relay team of Aidan Anthony, Luke Lauzon, Cameron Kuan, and Marcos Lightfoot won the 9-10 boys' 200 free relay; the relay team of Grace Rigney, Charlee Furlow, Amelia Coello, and Kassi Jones won the 11-12 girls' 200 medley relay and 200 free relay; the relay team of Daniel Burgener, Daniel Yang, Jacob Stone, and Tyler Underwood won the 11-12 boys' 200 medley relay; the relay team of Taylor Yucus, Daniel Yang, Daniel Henley, and Daniel Burgener won the 11-12 boys' 200 free relay; the relay team of Ashlee Kuan, Miranda Payne, Kelsie Walker, and Rohini Gupta won the 13-14 girls' 200 medley relay; the relay team of Isheng Hou, Simone Corpora, Elizabeth Hensley, and Miranda Payne won the 13-14 girls' 200 free relay; the relay team of Natalie San, Austyn Sigler, Joan Shang, and Darlene Sao won the 15 and over 200 medley relay; the relay team of Kristie Huff, Stephanie Jaros, Austyn Sigler, and Joan Shang won the 15 and over girls' 200 free relay; the relay team of Kyle Walker, Caseton Luthy, Jared King, and Brett Jackson won the 15 and over boys' 200 medley relay; the relay team of Kyle Walker, Jack Krause, Jared King, and Brett Jackson won the 15 and over boys' 200 free relay.

Important Dates

Detailed meet information is available on the Calendar page of the Saluki website.

Please remember to check the Calendar page for meet sign-up deadlines.

**FAST Winter Invitational
January 22-24 - St. Louis, MO
Sign-up Deadline - December 28**

**Gator Great Times Meet
February 5-7 - Cape Girardeau,
MO Sign-up Deadline - January 4**

**Speedo Grand Prix -
February 11-14 - Columbia, MO
Qualifiers only**

**Ozark Championships -
February 26-28 - St. Peters, MO
Qualifiers only**

Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
3	4	5	6	7	8	9
10	11	12	13	14	15	16