



May 5, 2009

### Saluki Swim Club

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## Practice changes

Please note that the most timely changes to the practice schedule are available on the club website.

No Practice: Sat. 5/16, Sat. 6/6, Sat. 6/13, Sat. 6/26, Fri. 7/17, Sat. 7/18

Each month, your statement will be sent out on the 20th. If you have any questions regarding your statement, please call 457-1103 or email coach@swimsaluki.com.

**"You have no control over what the other guy does. You only have control over what you do."**

A J Kitt



Building a Culture of Achievement

# Update #175

## No Practice Thursday, May 7 - Welcome Coach Bob Steele Back to Carbondale.

Former SIU Coach Bob Steele will be in Carbondale and leading a special event for Saluki Swim Club swimmers. The whole event will be at the Student Rec Center. Swimmers should arrive at the Rec Center with bathing suit by 4:30. The swimmers will be in the pool from 4:30-6. From 6-7, Coach Steele will have a presentation for the swimmers, and we will have a snack for the swimmers. Parents are invited to join us around 7. From 7-8pm, Coach Steele will have a presentation for both swimmers and parents. Please join us on Thursday! And make sure to Thank Coach Steele for giving us this great opportunity!

## Summer Session Sign-ups are open now!!

Summer sign-ups are open from May 1-22. Remember that you can swim for Saluki and a summer league team. And that swimmers who participated in the Fall, Winter, and Spring sessions get a 50% reduction on Summer session dues.

## Announcements

### Upcoming Meets:

All meet sign-ups take place on the team website. Meet information is available for each meet, so check out the event schedule and format. Deadlines for these meets come up quickly so please plan ahead.

**Saluki International Meet -**  
May 15-17 - Carbondale, IL

**Parkway Summer Sizzler -**  
June 12-14 - St. Louis, MO

**GPAC Lalor Invitational -**  
June 12-14 - Pensacola, FL  
Team Trip for 13 and older

### Heat Sheet Ad Sales

Saluki Swim Club is going to sell ads for the International Heat Sheet. A specific ad sheet is attached to this update email. Please help us by selling ads for the heat sheet. Currently, we need to invest in several new touch pads for the upcoming championship meet. All proceeds from heat sheet sales will go toward the purchase of new touch pads. In addition to the half page (\$25) and whole page (\$50) ads for businesses (or personal good luck ads), Saluki Swim Club families can purchase 1/4 page ads (\$15) for personal good luck. **The deadline for heat sheet ads is Friday, May 8.**

### The Saluki International Is Almost Here

On the weekend of May 15-17, we are hosting 14 other teams in our annual long course meet. The weekend will be exciting and full of great competition for our swimmers and all swimmers involved. We will need everyone's help to make this meet a great success. Starting tomorrow, you can sign-up for worker positions on our website. Please sign-up as soon as possible to help us organize our workers for the weekend. Thanks for helping us make our meet a great success!

### CSP Summer Invitational -

June 26-28 - St. Louis, MO

### Ozark Long Course Championships -

July 17-19 - Carbondale, IL

### USA Senior Sectionals

July 22-25 - Columbia, MO

### RSCA Last Chance Meet

July 27-28 - St. Louis

## Saluki Swim Club Swimmers Finish 4th In Gator LC Kick-off

Twenty Saluki Swim Club swimmers competed last weekend in the Gator Long Course Kickoff Meet in Cape Girardeau, MO. As a team, Saluki Swim Club finished 4th overall behind the host club, Gator Swim Team, FAST and Parkway of St. Louis. In all, nine Saluki swimmers achieved times fast enough to qualify them to compete in the Ozark Championships held in Carbondale in July. Camille Davis, Ashlee Kuan, Cameron Kuan, Jerry Kuhnert, Matthew McAuliffe, Courtney McCoskey, Jacob Stone, Michael Stone, and Kelsie Walker qualified for the Ozark Championships in their first meet of the season. As a team, Saluki swimmers achieved 33 Ozark qualifying times, 40 B times, 24 BB times, 18 A times, and 3 AA times. Also, Saluki swimmers swam 118 best times or best times in 86% of their swims.

Saluki swimmers who scored points by finishing in the Top Eight in individual events include: Ty Buchmeier (8 years old) – 1st in the 50 breast and back and 2nd in the 50 and 100 free; Ryan Burgener (16 years old) – 8th in the 100 breast; Simone Corpora (14 years old) – 7th in the 100 free; Camille Davis (15 years old) – 1st in the 100 back, 2nd in the 200 free, 4th in the 100 breast and 50 free, and 5th in the 100 free; Kristie Huff (16 years old) – 6th in the 100 breast; Ashlee Kuan (12 years old) – 3rd in the 100 back, 4th in the 100 breast and 200 back, 5th in the 200 breast, and 8th in the 200 IM, 50 and 100 free; Jerry Kuhnert (12 years old) – 1st in the 100 breast, 2nd in the 200 breast, and 6th in the 50 free; Matthew McAuliffe (12 years old) – 5th in the 100 fly and 7th in the 50 free; Courtney McCoskey (10 years old) – 5th in the 50 back, and 8th in the 50 and 100 breast; Nick Raubach (15 years old) – 4th in the 100 breast, 5th in the 100 back, and 8th in the 50 free; Jacob Stone (11 years old) – 2nd in the 800 free, 3rd in the 50 free and 200 breast, 4th in the 400 free, 100 back and breast, 5th in the 400 IM, and 6th in the 200 IM and back; Michael Stone (14 years old) – 5th in the 50 free and 7th in the 100 free; Kelsie Walker (13 years old) – 2nd in the 100 and 1500 free, 3rd in the 100 fly, 5th in the 400 IM, 6th in the 400 free, and 7th in the 200 IM, 200 back, 50 and 200 free.

Also a special congratulations to the following swimmers who added their names to the Saluki Top 5: Camille Davis (100 back), Ashlee Kuan (100 and 200 back), Jerry Kuhnert (100 and 200 breast), Jacob Stone (800 free, 200 and 400 IM, 100 and 200 breast, 100 and 200 back), and Kelsie Walker (200 fly, 400 IM, and 1500 free).

## Important Dates

Detailed meet information is available on the Calendar page of the Saluki website.

**Please remember to check the Calendar page for meet sign-up deadlines:**

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**Saluki International Meet - May 15-17**

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**Parkway Summer Sizzler - June 12-14**

in St. Louis, MO:

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**GPAC Lalor Invitational - June 12-14**

in Pensacola, FL: Sign-up as soon as possible. This is a team travel trip for swimmers 13 and older.

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**CSP Summer Invitational - June 26-28**

in St. Louis, MO: Sign-up Deadline Mon. 4/27 This is a Prelim/Final Meet for 13 and older swimmers; 12 and under swimmers swim timed finals only. **There are entry times for this meet.**

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**Ozark Long Course Championships - July 17-19**

This meet is held at Shea Natatorium and is for qualifiers only.

## Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>3</b>	<b>4</b>	<b>5</b>	<b>6</b>	<b>7</b> No Practice Coach Bob Steele Day	<b>8</b>	<b>9</b>
<b>10</b>	<b>11</b>	<b>12</b>	<b>13</b>	<b>14</b>	<b>15</b>  Saluki International Meet - No Practice	<b>16</b>  Saluki International Meet- No Practice