

# OZARK SWIMMING 2009 LONG COURSE CHAMPIONSHIPS JULY 17-19, 2009

**Hosted By:** Saluki Swim Club and Gator Swim Team

**Sanction:** Held Under USA Swimming/Ozark Swimming Sanction #OZ5203

**Officials:** Meet Referee Karen Smiley

**Meet Director:** Jay Newton (618) 319-2747; coach@swimsaluki.com

**Marshall:** Kelly Davis

**Questions:** Jay Newton: (618) 319-2747

**Location:** Shea Natatorium in the Student Recreation Center 600 East Grand Avenue on the SIU campus, Carbondale, Illinois 62901

**Facility:** 50 meter x 25 yard Pool, with 10 long course lanes. The competition will be held in 8 lanes and one lane will be available for continuous warm-up/warm-down throughout the meet.

## **Schedule:**

Friday: Warm-up – 4:30 pm  
Meet Starts – 5:30 pm

Saturday and Sunday Prelims: Warm-up – 8:00 am  
Meet Starts – 9:00 am

Saturday and Sunday Finals: Warm-up – 4:00 pm  
Meet Starts – 5:00 pm

**\*\* The last 10 minutes of each session may be used for Sprints**

## **Meet Format and Procedures**

**Format:** This is a Preliminary & Final Championship Meet. The 10 & under events will be timed final events. 11-12, 13-14, and 15 & Over events will include and “A” (championship) final and a “B” (consolation) final for the Top 16

swimmers from the mornings preliminary heats. **All Friday night events, all relays events, and the 1500 free will be swum as timed finals.** **During Finals, the “B” heat will be swum prior to the “A” final.** All “B” finalists and Alternates are to report immediately to the corner of the pool deck behind the Starter when the “A” heat of the event prior to theirs is paraded to the blocks. The “B”(consolation) finalist will have their names announced during their event.

**There will be a “ready room” and parade of finalist for the “A” final of each event.** All “A” finalists will be asked to report immediately to the “ready room” during the announcement of the “A” final of the event prior to their event. “A” finalists will be paraded out to music and have their names announced prior to their stepping up on the blocks.

### **Meet Safety:**

In accordance with the recommendations of USA swimming and the Ozark LSC, Saluki Swim Club and Gator Swim Team will operate this meet under the guidance of a Marshall. **Per Ozark LSC policy, cell phones with video and video recording devices are prohibited in all locker rooms.**

### **Scoring:**

Scoring will be to 16 places as follows:

Individual events = 20, 17, 16, 15, 14, 13, 12, 11, 9, 7, 6, 5, 4, 3, 2, 1

Relay events = 40, 34, 32, 30, 28, 26, 24, 22, 18, 14, 12, 10, 8, 6, 4, 2

## **AWARDS**

Individual events: Medals for 1<sup>st</sup> through 8<sup>th</sup>; Ribbons for 9<sup>th</sup> through 16<sup>th</sup>

Relay events: Medals for 1<sup>st</sup> through 3<sup>rd</sup>; Ribbons for 4<sup>th</sup> through 8<sup>th</sup>

### **The Bill Karasick Memorial Award:**

This award will be presented to the outstanding swimmer of the meet as voted on by the coaches and through the following point system: 1 point for a National Reportable Time, 1 point for an Ozark Record, 1 point for winning an individual event, and 1 point for each coach’s vote.

### **Ozark Team Sportsmanship Award:**

This award is presented to the team, which displays the best sportsmanship, team support, positive attitudes, and has the best team appearance.

### **Individual High Point Trophies:**

The Top 3 swimmers scoring the highest number of individual points in each age group & gender will be awarded a high point trophy.

### **Age Group Team Awards:**

The team scoring the most points in each age group & gender will be announced at the conclusion of the meet. No awards will be given for these categories.

### **Overall Team Awards (combined Gender and Age Groups):**

Trophies will be presented to 1<sup>st</sup>, 2<sup>nd</sup>, 3<sup>rd</sup> place teams.

## **General Conduct**

**Seeding and Swimmer Check-in:** All Prelim/Final events, relay events and Saturday & Sunday 10 and under events will be pre-seeded. All relay events are timed final events and coaches must turn in relay cards by the announced deadlines.

**All Friday night events will be timed finals and will be deck-seeded. All swimmers must positively check-in for Friday nights events.**

The Girls' 1500 free will be on Saturday and the Boys' 1500 free will be on Sunday. The 1500 free is a combined age group, timed final, deck seeded event. It will be seeded fastest to slowest. Swimmers must positively check-in for the 1500 free 10:00 am on the day they are scheduled to swim the event. Swimmers must provide their own timer and lap-counter.

### **Warm-up Procedures:**

Warm-up procedures will be defined by the Ozark LSC safety regulations. A swimmer attending the meet without a USA-S registered coach must report to the meet referee prior to warming up. The referee or his designee shall instruct the swimmers in the safety rules and assign them to a lane. Lanes will be assigned.

### **Scratches:**

1. Any swimmers NOT reporting for or competing in a preliminary heat or individual timed final event shall not be penalized.
2. Any swimmer who qualifies for a consolation or championship final in an individual event who then fails to show up for said consolation or championship final event shall be ejected from the remainder of the meet.

#### **There will be no penalty for failure to compete in finals if:**

- A. The referee is notified in the event of illness or injury and accepts proof thereof.
- B. A swimmer qualifying for a consolation or championship finals swim notifies the referee within thirty (30) minutes after the announcement of the finalist for that event that he/she may not intend to compete and further declares his/her intention within thirty (30) minutes following his last individual preliminary event. This is called a "declaring an intent to scratch".
- C. The swimmer "scratches" his or her finals swim within thirty (30) minutes following the announcement of the finalist for that event. The swimmer or

coach of that swimmer must report to the announcer in order to “scratch” an event.

- D. It is determined by the meet referee that failure to compete was caused by circumstances beyond the control of the swimmer.

## **Entry Procedures**

**Eligibility:** All swimmers must be registered for the 2009-year with USA Swimming. “Applied For” will not be accepted. Registration numbers must accompany entries. Swimmers who are entered and are found to be not registered will be dropped from the meet and will forfeit their meet entry fees. **If a non-registered athlete does swim, a \$100.00 fee will be imposed.**

### **Entry Limit:**

Individual Events: Swimmers may enter a maximum of 7 individual events for the entire meet and can enter no more than 3 individual events per day. Any swimmer who enters more than the prescribed number of events will be scratched down to the event limit starting with the highest event number on that day the over-entry occurs.

Relay Events: Each team will be permitted to enter two (2) scoring relays for each relay event. Teams may enter exhibition relays consisting of relay only swimmers. All exhibition relays are to be entered at “NT”. You may enter “Relay Only” swimmers in the meet to swim on the relays, even if they do not have individual events, but those swimmers must still pay the posted surcharge for entering the meet.

### **Qualifying Times:**

Swimmers must have achieved the Ozark Q time standard in each event for which they are entered. Swimmers who only have the short course meter or short course yard cut for an individual event must enter at the short course meter or short course yard time achieved. Those swimmers who achieve Ozark Q times in either the 1650/1500 free, or the 1000/800 free may enter the 1500 distance event. If entering with a cut other than the 1500 Free time, enter at the time and in the course the time was achieved. The meet will be seeded in the following order: a) LCM first seeding priority b) SCY Second seeding priority c)SCM Third seeding priority

### **Qualifying Period:**

The qualifying swims must have occurred between **July 27, 2008** and the entry deadline date of **July 7, 2009**.

### **Proof of Times:**

A proof of time will be required for swimmers who do not meet the Ozark Q time standard during the meet or who are disqualified. Times must be verified by the Clerk of Course and must be addressed before the end of the session where the event occurred. Failure to prove the swimmers entry time will result in a \$50 fine

to the swimmers club and the swimmer being ejected from the remainder of the meet. Both long course and short course qualifying times that meet the Q standard for that course will be accepted as proof.

**Entry Fees:**

Individual events = \$3.00

Relay events = \$6.00

Swimmer Surcharge = \$10.00

**All checks should be made payable to Saluki Swim Club.**

**Submitting:**

Email entries (SDIF format) are preferred for this meet, and must be received by 5:00 pm, Tuesday, July 7, 2009. You will receive an email verifying receipt of you entry. If verification is not received, please contact Jay Newton on Wednesday, July 8, 2009 by NOON. No phone or fax entries will be accepted. Entries requiring a signature or postage will not be accepted. Hard copies of entries with check and release form must be received by Friday, July 10, 2009. Times must be submitted in the course the time was achieved. Swimmers who qualify with short course yard times, short course meters times, or swimmers who qualify for the 1500 free with a 800 free time, must enter the meet with those times.

**\*\*Entries must be received by 5:00 pm on Tuesday, July 7, 2009\*\***

All entries must be mailed to: Saluki Swim Club  
 PO Box 3293  
 Carbondale, IL 62902  
[coach@swimsaluki.com](mailto:coach@swimsaluki.com)

**EVENT SCHEDULE**

**Friday: All events are timed finals and require positive check-in.**

**Friday evening session #1**

Girls	LCM Q	SCY Q	Event	SCY Q	LCM Q	BOYS
1	3:27.19	3:02.29	10 & under 200 IM	3:18.59	3:49.59	2
3	3:04.19	2:42.09	11-12 200 IM	2:45.99	3:11.99	4
5	6:11.69	5:28.89	13-14 400 IM	5:21.89	6:05.79	6
7	6:15.89	5:32.59	15 & over 400 IM	5:13.49	5:56.29	8
9	3:11.59	2:49.49	10 & under 200 free	2:59.69	3:25.39	10
11	5:45.49	6:27.39	11-12 400 free	6:43.89	6:05.59	12
13	5:19.79	5:58.09	13-14 400 free	5:49.99	5:14.09	14
15	5:36.09	6:05.19	15 & over 400 free	5:29.89	4:58.59	16

**Saturday:  
Session # 2 Saturday AM**

Girls	LCM Q	SCY Q	Event	SCY Q	LCM Q	BOYS
17	Timed	Finals	10 & under 200 Medley Relay	Timed	Finals	18
19	2:40.59	2:22.09	11-12 200 free	2:27.09	2:48.19	20
21	2:30.09	2:12.79	13-14 200 free	2:06.39	2:24.49	22
23	2:22.59	2:06.19	15 & over 200 free	1:56.49	2:13.19	24
25	50.19	43.59	10 & under 50 breast	50.79	58.79	26
27	46.49	40.39	11-12 50 breast	42.79	48.89	28
29	1:32.59	1:20.49	13-14 100 breast	1:21.29	1:33.99	30
31	1:31.29	1:19.39	15 & over 100 breast	1:12.49	1:23.89	32
33	45.09	39.89	10 & under 50 back	41.19	47.39	34
35	39.69	35.09	11-12 50 back	36.89	42.49	36
37	1:19.29	1:10.09	13-14 100 back	1:08.59	1:18.89	38
39	1:19.39	1:10.19	15 & over 100 back	1:02.09	1:11.39	40
41	1:45.69	1:33.99	10& under 100 fly	1:45.49	1:59.89	42
43	1:28.09	1:18.39	11-12 100 fly	1:21.69	1:32.89	44
45	3:07.49	2:46.79	13-14 200 fly	2:44.89	3:07.39	46
47	3:13.59	2:52.29	15 and over 200 fly	2:36.69	2:58.09	48
49	38.59	33.89	10 & under 50 free	35.19	40.49	50
51	34.09	29.99	11-12 50 free	30.49	35.09	52
53	31.99	28.04	13-14 50 free	26.99	31.09	54
55	31.29	27.49	15 & over 50 free	24.29	27.99	56
			10 Minute Break			
57	Timed	Final	11-12 400 Medley Relay	Timed	Final	58
59	Timed	Final	13-14 400 Medley Relay	Timed	Final	60
61	Timed	Final	15 & over 400 Medley Relay	Timed	Final	62
			10 Minute Break			
63A	22:37.89	22:10.69	13-14 1500 free			
63B	22:34.89	22:07.79	15 & over 1500 free			

**Sunday:****Session # 4 Sunday AM**

Girls	LCM Q	SCY Q	Event	SCY Q	LCM Q	BOYS
65	Timed	Finals	10 & under 200 Free Relay	Timed	Finals	66
67	2:48.99	2:28.69	13-14 200 IM	2:46.19	2:23.69	68
69	2:49.79	2:29.39	15 & over 200 IM	2:12.49	2:33.19	70
71	1:27.09	1:16.59	10 & under 100 free	1:20.29	1:32.29	72
73	1:12.39	1:03.69	11-12 100 free	1:06.79	1:16.79	74
75	1:08.79	1:00.49	13-14 100 free	58.19	1:06.89	76
77	1:07.89	59.69	15 & over 100 free	52.79	1:00.69	78
79	1:51.79	1:37.19	10 & under 100 breast	1:46.39	2:02.99	80
81	1:40.39	1:27.29	11-12 100 breast	1:32.39	1:46.89	82
83	3:19.99	2:53.99	13-14 200 breast	2:54.69	3:21.99	84
85	3:21.29	2:55.09	15 & over 200 breast	2:46.39	3:12.39	86
87	1:36.99	1:25.79	10 & under 100 back	1:31.19	1:44.89	88
89	1:23.49	1:13.89	11-12 100 back	1:19.69	1:31.69	90
91	2:45.39	2:26.29	13-14 200 back	2:29.89	2:52.29	92
93	2:45.39	2:33.89	15 & over 200 back	2:19.19	2:39.99	94
95	44.39	38.99	10 & under 50 fly	43.99	49.99	96
97	37.89	33.69	11-12 50 fly	35.49	40.39	98
99	1:19.69	1:10.89	13-14 100 fly	1:09.09	1:18.09	100
101	1:16.89	1:08.39	15 & over 100 fly	59.79	1:07.59	102
			10 minute Break			
103	Timed	Finals	11-12 400 Free Relay	Timed	Finals	104
105	Timed	Finals	13-14 400 Free Relay	Timed	Finals	106
107	Timed	Finals	15 & over 400 Free Relay	Timed	Finals	108
			10 minute Break			
			13-14 1500 Free	20:59.09	21:51.59	64A
			15 & over 1500 Free	21:12.49	22:05.49	64B

**Saturday Finals:**

Girls		Event		BOYS
19	Top 16 from Prelims	11-12 200 free	Top 16 from Prelims	20
21	Top 16 from Prelims	13-14 200 free	Top 16 from Prelims	22
23	Top 16 from Prelims	15 & over 200 free	Top 16 from Prelims	24
27	Top 16 from Prelims	11-12 50 breast	Top 16 from Prelims	28
29	Top 16 from Prelims	13-14 100 breast	Top 16 from Prelims	30
31	Top 16 from Prelims	15 & over 100 breast	Top 16 from Prelims	32
35	Top 16 from Prelims	11-12 50 back	Top 16 from Prelims	36
37	Top 16 from Prelims	13-14 100 back	Top 16 from Prelims	38
39	Top 16 from Prelims	15 & over 100 back	Top 16 from Prelims	40
43	Top 16 from Prelims	11-12 100 fly	Top 16 from Prelims	44
45	Top 16 from Prelims	13-14 200 fly	Top 16 from Prelims	46
47	Top 16 from Prelims	15 and over 200 fly	Top 16 from Prelims	48
51	Top 16 from Prelims	11-12 50 free	Top 16 from Prelims	52
53	Top 16 from Prelims	13-14 50 free	Top 16 from Prelims	54
55	Top 16 from Prelims	15 & over 50 free	Top 16 from Prelims	56

**Sunday Finals:**

Girls		Event		BOYS
67	Top 16 from Prelims	13-14 200 IM	Top 16 from Prelims	68
69	Top 16 from Prelims	15 & over 200 IM	Top 16 from Prelims	70
73	Top 16 from Prelims	11-12 100 free	Top 16 from Prelims	74
75	Top 16 from Prelims	13-14 100 free	Top 16 from Prelims	76
77	Top 16 from Prelims	15 & over 100 free	Top 16 from Prelims	78
81	Top 16 from Prelims	11-12 100 breast	Top 16 from Prelims	82
83	Top 16 from Prelims	13-14 200 breast	Top 16 from Prelims	84
85	Top 16 from Prelims	15 & over 200 breast	Top 16 from Prelims	86
89	Top 16 from Prelims	11-12 100 back	Top 16 from Prelims	90
91	Top 16 from Prelims	13-14 200 back	Top 16 from Prelims	92
93	Top 16 from Prelims	15 & over 200 back	Top 16 from Prelims	94
97	Top 16 from Prelims	11-12 50 fly	Top 16 from Prelims	98
99	Top 16 from Prelims	13-14 100 fly	Top 16 from Prelims	100
101	Top 16 from Prelims	15 & over 100 fly	Top 16 from Prelims	102

# 2009 Ozark LC Championships Entry Summary and Release Form

This form is part of your entry and must be signed and returned for your entry to be accepted. **Entry deadline is July 7, 2009**

Club: \_\_\_\_\_ Code: \_\_\_\_\_ LSC: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Head Coach: \_\_\_\_\_ Phone: \_\_\_\_\_

Entry contact: \_\_\_\_\_ Phone: \_\_\_\_\_

Email: \_\_\_\_\_

Number of Coaches attending this Meet \_\_\_\_\_

## ENTRY SUMMARY

Number of athletes entered \_\_\_\_\_ x \$10.00 = \_\_\_\_\_

Number of individual entries: \_\_\_\_\_ x \$3.00 = \_\_\_\_\_

Number of Relay entries: \_\_\_\_\_ x \$6.00 = \_\_\_\_\_

Total amount enclosed: = \_\_\_\_\_

**MAKE YOUR CHECK PAYABLE TO SALUKI SWIM CLUB AND MAIL TO:**

**PO Box 3293  
Carbondale, IL 62902**

## RELEASE

Saluki Swim Club, Inc., Southern Illinois University, USA Swimming, and Ozark Swimming shall be held harmless for any and all liabilities or claims for damages arising by reasons of injuries to anyone during the conduct of the meet.

I certify that all individuals in the submitted entry files are registered athlete members of USA Swimming, and are eligible to participate in this event. I further certify that proper registration applications and fees have been submitted for entrants prior to completing this form and prior to the entry deadline.

Signature: \_\_\_\_\_ Title: \_\_\_\_\_ Date: \_\_\_\_\_