

OZARK SWIMMING 2010 LONG COURSE CHAMPIONSHIPS JULY 30-August 1, 2010

Hosted By: Saluki Swim Club and Flyers Aquatic Swim Team

Sanction: Held Under USA Swimming/Ozark Swimming Sanction #OZ5295

Officials: Meet Referee to be assigned by Ozark Swimming

Meet Director: Jay Newton (618) 319-2747; coach@swimsaluki.com

Marshall: Kelly Davis

Questions: Jay Newton: (618) 319-2747

Location: Shea Natatorium in the Student Recreation Center 600 East Grand Avenue on the SIU campus, Carbondale, Illinois 62901

Facility: 50 meter x 25 yard Pool, with 10 long course lanes. The competition will be held in 8 lanes and one lane will be available for continuous warm-up/warm-down throughout the meet.

Schedule:

Friday Prelims: Warm-up – 7:10 – 7:45 am 1st warm up; 7:45 – 8:20 am 2nd warm up
Meet Starts – 8:30 am

Friday Finals: Warm-up – 5:00 – 5:45 pm
Meet Starts - 6:00 pm

Saturday Prelims: Warm up – 7:10 – 7:45 am 1st warm up; 7:45 – 8:20 am 2nd warm up
Meet Starts – 8:30 am

Saturday Finals: Warm-up – 5:00-5:45 pm
Meet Starts – 6:00 pm

Sunday Prelims: Warm up – 7:10 – 7:45 am 1st warm up; 7:45 – 8:20 am 2nd warm up
Meet Starts – 8:30 am

Sunday Finals: Warm-up – 4:00 pm
Meet Starts – 5:00 pm

Meet Format and Procedures

Format: This is a Preliminary & Final Championship Meet. The 10 & under events will be timed final events. 11-12, 13-14, and 15 & Over events will include and “A” (championship) final and a “B” (consolation) final for the Top 16 swimmers from the mornings preliminary heats in all events except the 400 IM (prelim/final with only the top 8 swimming at night), 400 free (prelim/final with only the top 8 swimming at night), and the 800 free. **All relays events, and the 800 free will be swum as timed finals.**

During Finals, the “B” heat will be swum prior to the “A” final. All “B” finalists and alternates are to report immediately to the corner of the pool deck behind the Starter when the “A” heat of the event prior to theirs is paraded to the blocks. The “B”(consolation) finalist will have their names announced during their event.

There will be a “ready room” and parade of finalist for the “A” final of each event. All “A” finalists will be asked to report immediately to the “ready room” during the announcement of the “A” final of the event prior to their event. “A” finalists will be paraded out to music and have their names announced while the music plays prior to their stepping up on the blocks. All finalists of the “B” and “A” heats will be asked to check in with the ready room at least 2 events before their race.

Meet Safety:

In accordance with the recommendations of USA swimming and the Ozark LSC, Saluki Swim Club and Flyers Aquatic Swim Team will operate this meet under the guidance of a Marshall. **Per Ozark LSC policy, cell phones with video and video recording devices are prohibited in all locker rooms.**

Scoring:

Scoring will be to 16 places as follows:

Individual events = 20, 17, 16, 15, 14, 13, 12, 11, 9, 7, 6, 5, 4, 3, 2, 1

Relay events = 40, 34, 32, 30, 28, 26, 24, 22, 18, 14, 12, 10, 8, 6, 4, 2

AWARDS

Individual events: Medals for 1st through 8th; Ribbons for 9th through 16th

Relay events: Medals for 1st through 3rd; Ribbons for 4th through 8th

The Penny Taylor Memorial Award:

This award will be presented to the outstanding swimmer of the meet as voted on by the coaches and through the following point system: 1 point for a

National Reportable Time, 1 point for an Ozark Record, 1 point for winning an individual event, and 1 point for each coach's vote.

Ozark Team Sportsmanship Award:

This award is presented to the team, which displays the best sportsmanship, team support, positive attitudes, and has the best team appearance.

Individual High Point Trophies:

The Top 3 swimmers scoring the highest number of individual points in each age group & gender will be awarded a high point trophy.

Age Group Team Awards:

The team scoring the most points in each age group & gender will be announced at the conclusion of the meet. No awards will be given for these categories.

Overall Team Awards (combined Gender and Age Groups):

Trophies will be presented to 1st, 2nd, 3rd place teams.

General Conduct

Seeding and Swimmer Check-in: All Prelim/Final events (except for the 400 free and 400 IM which will be positive check in events) and 10 and under events will be pre-seeded. All relay events are timed final events and coaches must turn in relay cards by the announced deadlines. Turned in relay cards will be considered a positive check in. Any relays not turned in by the deadline will be scratched from the event.

The 800 free is a combined age group, timed final, deck seeded event. It will be seeded fastest to slowest alternating girls' and boys' heats. Swimmers must positively check-in for the 800 free 10:00 am on the day they are scheduled to swim the event. Any scratch after positively checking in for the 800 free will result in a \$50 fine payable to Ozark Swimming. Swimmers must provide their own timer and lap-counter.

Warm-up Procedures:

Warm-up procedures will be defined by the Ozark LSC safety regulations. A swimmer attending the meet without a USA-S registered coach must report to the meet referee prior to warming up. The referee or his designee shall instruct the swimmers in the safety rules and assign them to a lane. Lanes will be assigned.

Scratches:

1. Any swimmers NOT reporting for or competing in a preliminary heat or individual timed final event (except the 800 free) shall not be penalized.
2. Any swimmer who qualifies for a consolation or championship final in an individual event who then fails to show up for said consolation or championship final event shall be ejected from the remainder of the meet.

There will be no penalty for failure to compete in finals if:

- A. The referee is notified in the event of illness or injury and accepts proof thereof.
- B. A swimmer qualifying for a consolation or championship finals swim notifies the referee within thirty (30) minutes after the announcement of the finalist for that event that he/she may not intend to compete and further declares his/her intention within thirty (30) minutes following his last individual preliminary event. This is called a “declaring an intent to scratch”.
- C. The swimmer “scratches” his or her finals swim within thirty (30) minutes following the announcement of the finalist for that event. The swimmer or coach of that swimmer must report to the announcer in order to “scratch” an event.
- D. It is determined by the meet referee that failure to compete was caused by circumstances beyond the control of the swimmer.

Entry Procedures

Eligibility: All swimmers must be registered for the 2010-year with USA Swimming. “Applied For” will not be accepted. Registration numbers must accompany entries. Swimmers who are entered and are found to be not registered will be dropped from the meet and will forfeit their meet entry fees. **If a non-registered athlete does swim, a \$100.00 fee will be imposed.**

Entry Limit:

Individual Events: Swimmers may enter a maximum of 7 individual events for the entire meet and can enter no more than 3 individual events per day. Any swimmer who enters more than the prescribed number of events will be scratched down to the event limit starting with the highest event number on that day the over-entry occurs.

Relay Events: Each team will be permitted to enter two (2) scoring relays for each relay event. Teams may enter exhibition relays consisting of relay only swimmers. All exhibition relays are to be entered at “NT”. You may enter “Relay Only” swimmers in the meet to swim on the relays, even if they do not have individual events, but those swimmers must still pay the posted surcharge for entering the meet.

Qualifying Times:

Swimmers must have achieved the Ozark Q time standard in each event for which they are entered. Swimmers who only have the short course meter or short

course yard cut for an individual event must enter at the short course meter or short course yard time achieved. Those swimmers who achieve Ozark Q times in either the 1650/1500 free, or the 1000/800 free may enter the 800 distance event. If entering with a cut other than the 800 free time, enter at the time and in the course the time was achieved. The meet will be seeded in the following order: a) LCM first seeding priority b) SCM Second seeding priority c) SCY Third seeding priority. The meet will be seeded in accordance to USA swimming rules (refer to rule 207.12.7).

Qualifying Period:

The qualifying swims must have occurred between **July 17, 2009** and the entry deadline date of **July 20, 2010**.

Proof of Times:

The host club will confirm all entry times with the USA Swimming SWIMS database prior to the meet. Entry times must be validated by SWIMS to meet the standard of proof. Any entry time that is not found in SWIMS will be flagged and a report will be emailed to all entry contacts with flagged times prior to the meet. If a swimmer on the report chooses to compete and fails to achieve the Ozark Q time standard in a flagged event at the meet, a \$50 fine will be assessed and the swimmer will be ejected from the remainder of the meet.

Entry Fees:

Individual events = \$3.00

Relay events = \$6.00

Swimmer Surcharge = \$10.00

All checks should be made payable to Saluki Swim Club.

Submitting:

Email entries (SDIF format) are preferred for this meet, and must be received by 5:00 pm, Tuesday, July 20, 2010. You will receive an email verifying receipt of you entry. If verification is not received, please contact Jay Newton on Wednesday, July 21, 2010 by NOON. No phone or fax entries will be accepted. Entries requiring a signature or postage will not be accepted. Check and release form must be received by Friday, July 23, 2010. Times must be submitted in the course the time was achieved. Swimmers who qualify with short course yard times, short course meters times, or swimmers who qualify for the 800 free with a 1500 free time, must enter the meet with those times.

****Entries must be received by 5:00 pm on Tuesday, July 20, 2010****

All entries must be mailed to: Saluki Swim Club

PO Box 3293

Carbondale, IL 62902

coach@swimsaluki.com

EVENT SCHEDULE

Friday AM Prelims Session # 1

Girls	LCM Q	SCY Q	Event	SCY Q	LCM Q	Boys
1	2:22.59	2:06.19	15 & over 200 free	1:55.59	2:12.19	2
3	2:29.79	2:12.49	13-14 200 free	2:05.99	2:23.99	4
5	2:40.39	2:21.89	11-12 200 free	2:25.89	2:46.79	6
7	3:11.49	2:49.49	10 & under 200 free	2:57.19	3:22.59	8
9	1:30.99	1:19.09	15 & over 100 breast	1:12.09	1:23.39	10
11	1:32.59	1:20.49	13-14 100 breast	1:19.99	1:32.49	12
13	46.49	40.39	11-12 50 breast	41.79	48.39	14
15	50.19	43.59	10 & under 50 breast	50.79	58.79	16
17	1:15.99	1:07.59	15 & over 100 fly	59.79	1:07.59	18
19	1:19.69	1:10.89	13-14 100 fly	1:07.89	1:16.79	20
21	37.89	33.69	11-12 50 fly	35.49	40.39	22
23	43.89	38.59	10 & under 50 fly	43.49	49.49	24
25	6:15.89	5:32.59	15 & over 400 IM	5:07.09	5:48.99	26
27	6:06.79	5:24.59	13-14 400 IM	5:21.19	6:04.99	28
29	Timed	Finals	15 & over 800 free relay	Timed	Finals	30
31	Timed	Finals	13-14 800 free relay	Timed	Finals	32

Saturday AM Prelims Session # 3

Girls	LCM Q	SCY Q	Event	SCY Q	LCM Q	Boys
33	Timed	Finals	10 & under 200 Medley Relay	Timed	Finals	34
35	3:13.59	2:52.29	15 and over 200 fly	2:32.19	2:52.99	36
37	3:05.49	2:45.09	13-14 200 fly	2:42.79	3:04.99	38
39	1:26.89	1:17.29	11-12 100 fly	1:21.09	1:32.19	40
41	1:45.69	1:33.99	10& under 100 fly	1:44.29	1:58.59	42
43	1:18.19	1:09.19	15 & over 100 back	1:00.79	1:11.09	44
45	1:19.29	1:10.09	13-14 100 back	1:08.59	1:18.89	46
47	39.69	35.09	11-12 50 back	36.89	42.49	48
49	44.99	39.79	10 & under 50 back	41.19	47.39	50
51	31.19	27.39	15 & over 50 free	24.29	27.99	52
53	31.99	28.09	13-14 50 free	26.89	30.99	54
55	33.99	29.89	11-12 50 free	30.49	35.09	56
57	38.49	33.89	10 & under 50 free	34.99	40.29	58
59	5:25.09	6:04.09	15 & over 400 free	5:24.49	4:53.69	60
61	5:16.09	5:53.99	13-14 400 free	5:46.19	5:13.29	62
63	5:45.89	6:27.39	11-12 400 free	6:43.89	6:05.59	64
65	Timed	Final	15 & over 400 Medley Relay	Timed	Final	66
67	Timed	Final	13-14 400 Medley Relay	Timed	Final	68
69	Timed	Final	11-12 400 Medley Relay	Timed	Final	70

**Sunday AM Prelims
Session #5**

Girls	LCM Q	SCY Q	Events	SCY Q	LCM Q	Boys
71	Timed	Finals	10 & under 200 Free Relay	Timed	Finals	72
73	2:47.19	2:27.09	15 & over 200 IM	2:11.69	2:32.29	74
75	2:48.99	2:28.69	13-14 200 IM	2:23.59	2:46.09	76
77	3:02.79	2:40.79	11-12 200 IM	2:45.99	3:11.99	78
79	3:27.19	3:02.29	10 & under 200 IM	3:18.09	3:49.09	80
81	2:52.39	2:32.49	15 & over 200 back	2:16.69	2:37.19	82
83	2:45.39	2:26.29	13-14 200 back	2:29.89	2:52.29	84
85	1:23.49	1:13.89	11-12 100 back	1:19.69	1:31.69	86
87	1:36.39	1:25.29	10 & under 100 back	1:31.19	1:44.89	88
89	1:07.49	59.39	15 & over 100 free	52.49	1:00.39	90
91	1:08.79	1:00.49	13-14 100 free	58.19	1:06.89	92
93	1:12.39	1:03.69	11-12 100 free	1:06.79	1:16.79	94
95	1:27.09	1:16.59	10 & under 100 free	1:19.69	1:31.69	96
97	3:21.19	2:54.99	15 & over 200 breast	2:42.29	3:07.69	98
99	3:19.99	2:53.99	13-14 200 breast	2:53.09	3:20.19	100
101	1:40.39	1:27.29	11-12 100 breast	1:31.39	1:45.59	102
103	1:51.39	1:36.89	10 & under 100 breast	1:46.39	2:02.99	104
105	Timed	Finals	15 & over 400 Free Relay	Timed	Finals	106
107	Timed	Finals	13-14 400 Free Relay	Timed	Finals	108
109	Timed	Finals	11-12 400 Free Relay	Timed	Finals	110
			10 Minute Break			
111A	12:01.79	13:28.39	13-14 800 free	12:51.99	11:38.69	112A
111B	11:44.99	13:09.49	15& over 800 free	13:28.79	12:11.99	112A

**Friday Finals:
Session # 2**

Girls		Event		Boys
1	Top 16 From Prelims	15 & over 200 free	Top 16 From Prelims	2
3	Top 16 From Prelims	13-14 200 free	Top 16 From Prelims	4
5	Top 16 From Prelims	11-12 200 free	Top 16 From Prelims	6
9	Top 16 From Prelims	15 & over 100 breast	Top 16 From Prelims	10
11	Top 16 From Prelims	13-14 100 breast	Top 16 From Prelims	12
13	Top 16 From Prelims	11-12 50 breast	Top 16 From Prelims	14
17	Top 16 From Prelims	15 & over 100 fly	Top 16 From Prelims	18
19	Top 16 From Prelims	13-14 100 fly	Top 16 From Prelims	20
21	Top 16 From Prelims	11-12 50 fly	Top 16 From Prelims	22
25	Top 8 From Prelims	15 & over 400 IM	Top 8 From Prelims	26
27	Top 8 From Prelims	13-14 400 IM	Top 8 From Prelims	28

**Saturday Finals:
Session # 4**

Girls		Event		Boys
35	Top 16 From Prelims	15 and over 200 fly	Top 16 From Prelims	36
37	Top 16 From Prelims	13-14 200 fly	Top 16 From Prelims	38
39	Top 16 From Prelims	11-12 100 fly	Top 16 From Prelims	40
43	Top 16 From Prelims	15 & over 100 back	Top 16 From Prelims	44
45	Top 16 From Prelims	13-14 100 back	Top 16 From Prelims	46
47	Top 16 From Prelims	11-12 50 back	Top 16 From Prelims	48
51	Top 16 From Prelims	15 & over 50 free	Top 16 From Prelims	52
53	Top 16 From Prelims	13-14 50 free	Top 16 From Prelims	54
55	Top 16 From Prelims	11-12 50 free	Top 16 From Prelims	56
59	Top 8 From Prelims	15 & over 400 free	Top 8 From Prelims	60
61	Top 8 From Prelims	13-14 400 free	Top 8 From Prelims	62
63	Top 8 From Prelims	11-12 400 free	Top 8 From Prelims	64

**Sunday Finals:
Session # 6**

Girls		Events		Boys
73	Top 16 From Prelims	15 & over 200 IM	Top 16 From Prelims	74
75	Top 16 From Prelims	13-14 200 IM	Top 16 From Prelims	76
77	Top 16 From Prelims	11-12 200 IM	Top 16 From Prelims	78
81	Top 16 From Prelims	15 & over 200 back	Top 16 From Prelims	82
83	Top 16 From Prelims	13-14 200 back	Top 16 From Prelims	84
85	Top 16 From Prelims	11-12 100 back	Top 16 From Prelims	86
89	Top 16 From Prelims	15 & over 100 free	Top 16 From Prelims	90
91	Top 16 From Prelims	13-14 100 free	Top 16 From Prelims	92
93	Top 16 From Prelims	11-12 100 free	Top 16 From Prelims	94
97	Top 16 From Prelims	15 & over 200 breast	Top 16 From Prelims	98
99	Top 16 From Prelims	13-14 200 breast	Top 16 From Prelims	100
101	Top 16 From Prelims	11-12 100 breast	Top 16 From Prelims	102

Entry summary and release form

This form is part of your entry and must be signed and returned for your entry to be accepted. Entry deadline – July 20,2010

Club: _____ Code: _____ LSC: _____

Address: _____

City: _____ State: _____ Zip: _____

Head Coach: _____

Phone: _____

Entry contact: _____

Phone: _____

E-mail: _____

Number of Coaches attending: _____

ENTRY SUMMARY

Number of swimmers entered _____ x \$10.00 = _____

Number of individual entries: _____ x \$3.00 = _____

Number of relay entries: _____ x \$6.00 = _____

Total amount enclosed: = _____

MAKE YOUR CHECK PAYABLE TO SALUKI SWIM CLUB AND MAIL TO:

PO Box 3293

Carbondale, IL 62902

Do not send entries, disks, or paper backup with this form.

Saluki accepts *only* email entries for its meets.

RELEASE

Saluki Swim Club, Inc., Southern Illinois University, USA Swimming, and Ozark Swimming shall be held harmless for any and all liabilities or claims for damages arising by reasons of injuries to anyone during the conduct of the meet.

I certify that all individuals in the submitted entry files are registered athlete members of USA Swimming, and are eligible to participate in this event. I further certify that proper registration applications and fees have been submitted for entrants prior to completing this form and prior to the entry deadline.

Signature: _____ Title: _____ Date: _____