

THE REC-PLEX SHARKS SWIM TEAM

Presents

FALL FESTIVAL

October 10th – 11th, 2009

Sanction: OZ # 5216

Host: St. Peters Rec-Plex Sharks

Location: City of St. Peters Rec-Plex
5200 Mexico Road.
St. Peters, MO 63376

Facility: The pool is 50 meters with a movable bulkhead divided into 2 – 8 lane, 25-yard pools. A Colorado System 5 timing system will be used with an 8-line scoreboard. All lanes are 9 feet wide & have 6" Competitor non-turbulent lane markers. There is permanent seating for 1300 spectators.

Meet Director (s): Karen Baker (636) 939-0296 or (636)399-6373 or rkrbaker@charter.net
Kay Hempen (636) 926-9785 or knpaul.hempen@sbcglobal.net

Meet Referee: Tania Hillmer (636)447-9156 or thillmer@prdus.jnj.com
Teams participating in the meet should provide officials. Please contact Tania Hillmer if you are able to work.

Directions: From I-70 west, take the Cave Springs exit (225), go left (south) turn right on Mexico Rd. Travel 1.6 west miles on Mexico Rd. The Rec-Plex is on the left just past the Lutheran High School.

Parking: Prime parking is in front of the Rec-Plex. Additional parking is behind the Rec-Plex, at St. Peters City Hall & Lutheran H.S.

Schedule:

	<u>Saturday/Sunday AM</u>	<u>Saturday/Sunday PM</u>
Warm-ups	7:00 – 7:30 am	12:30 – 1:00 pm
Sprints	7:30 – 7:45 am	1:00 – 1:15 pm
Meet Starts	8:00 am	1:30 pm

Eligibility: Open to all **currently** registered athlete members of USA Swimming. USA Swimming memberships applied for will **not** be accepted. Swimmers entered in the meet who do not hold current membership will be dropped from the meet, and the entry fees will not be refunded. If a swimmer swims and is not registered a \$100 fine will be imposed. Swimmers age on October 10, 2009 determines the swimmers age group for the meet.

Events: A swimmer may enter four individual events per day, as well as two relays. We reserve the right to pre-seed the meet at our discretion, if timelines permit. **NO DECK ENTRIES ALLOWED.**

Awards: **Individual Events:**
Double Ribbons 1st – 3rd place
Single Ribbon 4th – 8th place
Relays:
Single Ribbons 1st-3rd place

Rules: Held under the sanction of USA Swimming.
The “**National Starting Procedure**” will be used, including the “**No recall False Start**”.

All swimmers who are not accompanied by a USA-S certified coach must report to the meet referee or meet director prior to warming up before each session in which he/she is swimming. The swimmer will be assigned to a coach on deck.

All coaches must have a current USA SWIMMING Coaches Card.

No Parents are permitted on the pool deck unless they are working.

Entry Fees: \$3.50 per individual event
 \$7.00 Ozark Swimming Surcharge
 \$8.00 per relay

Entry Limit: Individuals may enter a maximum of 4 events per day, as well as 1 relay. Any swimmer who enters more than the maximum number will be scratched down to the limit starting with the highest event number on the day the over-entry occurs.

Entries: Entries will be accepted starting September 21st, 2009 at 9:00 a.m. and accepted through September 30, 2009 or until the meet is filled. Please note that the meet may be filled **BEFORE THE DEADLINE DATE**. Please submit entries in short course yard times. Email entries will be accepted or you may submit an entry on a 3.5 magnetic disk. All entries must be in Team Manager format. Email entries will receive confirmation that their email was received by automatic response. If you do not receive a confirmation, please contact Karen Butz at 636-688-1512. Confirmation does not mean that your entry has been accepted. A check for fees and a hard copy of your team entry and team entry fees must be received within 7 business days of your acceptance.

Entry deadline: SEPTEMBER 30th , 2009

Entries will be accepted after the deadline if the meet is not full. Entry fees must accompany each entry.

Make checks payable to: **Rec-Plex Sharks Swim Club**

Mail to: Karen Butz, Meet Entry Chair
 C/O Rec-Plex Sharks Swim Team
 13 Arrowhead Circle
 St. Charles, MO 63301
 (636) 688-1512
 Sharkmeetentry@yahoo.com

Meet Results: Teams wishing to receive hard copies of the meet results must notify the meet director or Karen Butz, the team administrator, prior to the end of the last session of the meet. Otherwise, meet results will be e-mailed to all participating teams.

Meet Safety: In accordance with the recommendations of USA Swimming and Ozark LSC, the Rec-Plex Sharks will operate this meet under the guidance of a meet Safety Marshall.

Concessions: Food and drink will be available in the food court beginning at 7:00 am.

Facility Rules: 1. Keep all trash picked up; do not block exit doors or aisles
 2. Do not go, or let children go, in any unauthorized areas.
 The following areas are off limits:
 Gymnasium, Ice Rink, Weight room, Jacuzzi & Sauna, Leisure Pool
 3. No outside chairs, food, drink or coolers are permitted in the Rec-Plex, per the City of St. Peters. Items purchased from the concession stand are permitted in the spectator area only. No food or drink is permitted on the pool deck. "No Smoking" laws are in effect and smokers are required to smoke outside of the building.
 4. Swimmers may rest in the areas behind the spectator stands. Meet participants and non swimmers may purchase a daily admission to use the facility.
 5. Cell phones with video and video recording devices are prohibited in all locker rooms.

Vendor: **On The Blocks Aquatics** will be available throughout the meet for your swim equipment needs.

Hotels: **Hampton Inn-** The Sharks Preferred Hotel
 3720 West Clay Street
 St. Charles, MO 63301
636-928-1500

Saturday Morning

Girls	Event	Boys
1	10 & U 100 IM	2
3	11-12 100 IM	4
5	8 & U 25 Free	6
7	10 & U 100 Free	8
9	11-12 100 Free	10
11	8 & U 50 Breast	12
13	10 & U 50 Breast	14
15	11-12 50 Breast	16
17	8 & U 25 Back	18
19	10 & U 100 Back	20
21	11-12 100 Back	22
23	8 & U 50 Fly	24
25	10 & U 50 Fly	26
27	11-12 50 Fly	28
29	8 & U 100 Medley Relay	30
31	10 & U 100 Medley Relay	32
33	11-12 200 Medley Relay	34

Saturday Afternoon

Girls	Event	Boys
35	13-14 200 IM	36
37	15 & O 200 IM	38
39	13-14 100 Free	40
41	15 & O 100 Free	42
43	13-14 200 Breast	44
45	15 & O 200 Breast	46
47	13-14 100 Fly	48
49	15 & O 100 Fly	50
51	13-14 200 Back	52
53	15 & O 200 Back	54
55	13-14 200 Medley Relay	56
57	15 & Over 200 Medley Relay	58

Sunday Morning

Girls	Event	Boys
59	10 & U 200 Free	60
61	11-12 200 Free	62
63	8 & U 50 Back	64
65	10 & U 50 Back	66
67	11-12 50 Back	68
69	8 & U 25 Breast	70
71	10 & U 100 Breast	72
73	11-12 100 Breast	74
75	8 & U 50 Free	76
77	10 & U 50 Free	78
79	11-12 50 Free	80
81	8 & U 25 Fly	82
83	10 & U 100 Fly	84
85	11-12 100 Fly	86
87	8 & U 100 Free Relay	88
89	10 & U 100 Free Relay	90
91	11-12 200 Free Relay	92

Sunday Afternoon

Girls	Event	Boys
93	13-14 200 Fly	94
95	15 & O 200 Fly	96
97	13-14 50 Free	98
99	15 & O 50 Free	100
101	13-14 100 Back	102
103	15 & O 100 Back	104
105	13-14 200 Free	106
107	15 & O 200 Free	108
109	13-14 100 Breast	110
111	15 & O 100 Breast	112
113	13-14 200 Free Relay	114
115	15 & O 200 Free Relay	116