

THE REC-PLEX SHARKS SWIM TEAM
Presents

FALL FESTIVAL

October 8-9, 2011

Sanction: Ozark Swimming # 5402

Host: St. Peters Rec-Plex Sharks

Location: City of St. Peters Rec-Plex
5200 Mexico Road
St. Peters, MO 63376
(636) 939-2386

Facility: The pool is 50 meters with a movable bulkhead to divide it into two 8-lane, 25-yard pools. A Colorado System 5 timing system will be used with an 8-line scoreboard. All lanes are 9 feet wide & have 6" Competitor non-turbulent lane markers. There is permanent seating for 1300 spectators.

Meet Directors: Rebecca Ostrander (636) 922-3116 or rebajeff@sbcglobal.net
Julie Talley (636) 528-9842 or larryctalley@centurytel.net

Safety Marshall: Todd Fountain

Meet Referee: Steve Grimm (314) 910-8274 or stephen.b.grimm@boeing.com
Teams participating in the meet should provide officials. Please contact Steve Grimm if you are able to work.

Directions: From I-70, take the Cave Springs exit (#225) and head south. Turn right (west) onto Mexico Road and travel 1.6 miles. The Rec-Plex is on the left just past Lutheran High School.

Parking: Prime parking is in front of the Rec-Plex. Additional parking is behind the Rec-Plex, at St. Peters City Hall & Lutheran High School.

Schedule:

| | <u>Saturday/Sunday AM</u> | <u>Saturday/Sunday PM</u> |
|----------------------|---------------------------|---------------------------|
| Warm-up | 7:00 – 7:30 am | 12:30 – 1:00 pm |
| Sprints | 7:30 – 7:45 am | 1:00 – 1:15 pm |
| Session Start | 8:00 am | 1:30 pm |

Eligibility: Open to all **currently** registered athlete members of USA Swimming. USA Swimming memberships applied for will **not** be accepted. Swimmers entered in the meet who do not hold current membership will be dropped from the meet, and the entry fees will not be refunded. If a swimmer swims and is not registered, a \$100 fine will be imposed. Swimmer's age on October 8, 2011 determines their age group for the meet.

Events: All events are Timed Finals. A swimmer may enter four individual events per day, as well as one relay. Any swimmer who enters more than the maximum number will be scratched down to the limit, starting with the highest event number on the day the over-entry occurs. We reserve the right to pre-seed the meet at our discretion, if timelines permit. We further reserve the right to limit events or eliminate relays due to the timeline.

NO DECK ENTRIES WILL BE ALLOWED.

Awards:

Individual Events:

1st – 3rd place: Double Ribbons

4th – 8th place: Single Ribbons

Relays:

1st – 3rd place: Single Ribbons



Meet T-Shirts:

In recognition of October being National Breast Cancer Awareness Month, the Rec-Plex Sharks will be selling special meet T-shirts to commemorate this important cause. The shirt design will integrate a pink ribbon symbol. All proceeds from the sale will be donated to the Susan G. Komen for the Cure® organization.

Rules:

This meet is being held under the sanction of USA Swimming, and all technical and administrative rules of USA Swimming shall apply.

All swimmers who are not accompanied by a USA Swimming certified coach must report to the meet referee or meet director prior to warming up before each session in which he/she is swimming. The swimmer will be assigned to a coach on deck.

All coaches must have a current USA Swimming Coaches Card. Coach assistants will not be permitted on the pool deck without the same credentials required of the coaches. Credentials must be displayed at all times while on the pool deck. This will be strictly enforced.

No Parents are permitted on the pool deck unless they are volunteers assigned to work that session.

The only swimsuits permitted are those in compliance with FINA and USA Swimming rules.

Any swimmer entered in the meet must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

Entry Fees:

\$4.00 per individual event
\$8.00 Ozark Swimming Surcharge
\$8.00 per relay

Entries:

Entries will be accepted starting **September 19, 2011 at 9:00 a.m.** and accepted through September 23, 2011, or until the meet is filled. Please note that the meet may be filled **BEFORE THE DEADLINE DATE**. Please submit entries in short course yard times. E-mail entries will be accepted or you may submit an entry on a 3.5" magnetic disk. All entries must be in Team Manager format. E-mail entries will receive confirmation that their e-mail was received by automatic response. If you do not receive a confirmation, please contact Karen Butz at (636) 688-1512. Confirmation does not mean that your entry has been accepted. A check for fees and a hard copy of your team entry and team entry fees must be received within 7 business days of your acceptance. The Rec-Plex Sharks swim team has the sole discretion to determine which entries to accept. In exercising this discretion, the Sharks will consider: number of officials provided by the team, balance of age groups and gender in entries, level of competition, and geographic location. *Teams should send with their entry the names of those officials planning to work the meet.*

Entry deadline: SEPTEMBER 23, 2011

Entries may be accepted after the deadline if the meet is not full.

Entry fees must accompany each entry.

Make checks payable to: **Rec-Plex Sharks Swim Team**

Mail to: Karen Butz, Meet Entry Chair
C/O Rec-Plex Sharks Swim Team
13 Arrowhead Circle
St. Charles, MO 63301
(636) 688-1512
Sharkmeetentry@yahoo.com

Meet Results:

Meet results will be e-mailed to all participating teams.

Meet Safety: In accordance with the recommendations of USA Swimming and Ozark LSC, the Rec-Plex Sharks will operate this meet under the guidance of a meet Safety Marshall. At no time will cell phones with video or video recording devices be permitted in the locker room area.

Concessions: Food and drink will be available in the food court beginning at 7:00 am.

Facility Rules:

1. Keep all trash picked up and do not block exit doors or aisles.
2. Swimmers, parents, and spectators are not permitted in any unauthorized areas. **The following areas are off limits:** Gymnasium, Ice Rink, Weight Room, Jacuzzi & Sauna, and Leisure Pool.
3. No outside chairs, food, drinks, or coolers are permitted in the Rec-Plex, per the City of St. Peters. Only items purchased from the concession stand are permitted in the spectator area. No food or drink is permitted on the pool deck. "No Smoking" laws are in effect, and smokers are required to smoke outside of the building.
4. Swimmers may rest in the areas behind the spectator stands. Meet participants and non-swimmers may purchase a daily admission to use the facility.
5. Cell phones with video and video recording devices are prohibited in all locker rooms and restrooms.

Vendor: **On The Blocks Aquatics** will be available throughout the meet for your swim equipment needs.

Hotel: **Hampton Inn-** The Sharks Preferred Hotel
Special Rate: Please call the hotel directly and reference the Rec-Plex Sharks when making reservations.
3720 West Clay Street
St. Charles, MO 63301
(636) 947-6800

Camping: **St. Peters 370 Lakeside Park**
Please reference the Rec-Plex Sharks when making reservations.
<http://www.stpetersmo.net/rvpark.aspx>
(636) 387-LAKE (5253)

Saturday Morning

| Girls | Event | Boys |
|-------|------------------------|------|
| 1 | 10&U 100 IM | 2 |
| 3 | 11-12 100 IM | 4 |
| 5 | 8&U 50 Breast | 6 |
| 7 | 10&U 50 Breast | 8 |
| 9 | 11-12 50 Breast | 10 |
| 11 | 8&U 25 Free | 12 |
| 13 | 10&U 100 Free | 14 |
| 15 | 11-12 100 Free | 16 |
| 17 | 8&U 25 Back | 18 |
| 19 | 10&U 100 Back | 20 |
| 21 | 11-12 100 Back | 22 |
| 23 | 8&U 50 Fly | 24 |
| 25 | 10&U 50 Fly | 26 |
| 27 | 11-12 50 Fly | 28 |
| 29 | 8&U 100 Medley Relay | 30 |
| 31 | 10&U 100 Medley Relay | 32 |
| 33 | 11-12 200 Medley Relay | 34 |

Saturday Afternoon

| Girls | Event | Boys |
|-------|------------------------|------|
| 35 | 13-14 200 IM | 36 |
| 37 | 15&O 200 IM | 38 |
| 39 | 13-14 200 Fly | 40 |
| 41 | 15&O 200 Fly | 42 |
| 43 | 13-14 100 Free | 44 |
| 45 | 15&O 100 Free | 46 |
| 47 | 13-14 200 Back | 48 |
| 49 | 15&O 200 Back | 50 |
| 51 | 13-14 100 Breast | 52 |
| 53 | 15&O 100 Breast | 54 |
| 55 | 13-14 200 Medley Relay | 56 |
| 57 | 15&O 200 Medley Relay | 58 |

Sunday Morning

| Girls | Event | Boys |
|-------|----------------------|------|
| 59 | 8&U 25 Fly | 60 |
| 61 | 10&U 100 Fly | 62 |
| 63 | 11-12 100 Fly | 64 |
| 65 | 8&U 50 Free | 66 |
| 67 | 10&U 50 Free | 68 |
| 69 | 11-12 50 Free | 70 |
| 71 | 8&U 25 Breast | 72 |
| 73 | 10&U 100 Breast | 74 |
| 75 | 11-12 100 Breast | 76 |
| 77 | 8&U 50 Back | 78 |
| 79 | 10&U 50 Back | 80 |
| 81 | 11-12 50 Back | 82 |
| 83 | 10&U 200 Free | 84 |
| 85 | 11-12 200 Free | 86 |
| 87 | 8&U 100 Free Relay | 88 |
| 89 | 10&U 100 Free Relay | 90 |
| 91 | 11-12 200 Free Relay | 92 |

Sunday Afternoon

| Girls | Event | Boys |
|-------|----------------------|------|
| 93 | 13-14 200 Breast | 94 |
| 95 | 15&O 200 Breast | 96 |
| 97 | 13-14 50 Free | 98 |
| 99 | 15&O 50 Free | 100 |
| 101 | 13-14 100 Fly | 102 |
| 103 | 15&O 100 Fly | 104 |
| 105 | 13-14 100 Back | 106 |
| 107 | 15&O 100 Back | 108 |
| 109 | 13-14 200 Free | 110 |
| 111 | 15&O 200 Free | 112 |
| 113 | 13-14 200 Free Relay | 114 |
| 115 | 15&O 200 Free Relay | 116 |