

## Building a Culture of Achievement!

### Individual Meet Results

**2010 FAST Winter Invitational 22-Jan-10 to 24-Jan-10 Yards**

**Location: Lindbergh High School**

**Saluki [SALU-OZ] Coach: Jay Newton**

Time	F/P/S	Event	Place	Points	Improv
<b>Cody Bailey (13) M</b>					
2:14.68Y	F # 30A	Men 13-14 200 Free	28	---	-0.37
1:14.10Y	F # 32A	Men 13-14 100 Back	23	---	-0.05
1:02.46Y	F # 36A	Men 13-14 100 Free	29	---	0.10
2:52.21Y	F # 38A	Men 13-14 200 Fly	14	3	-1.33
<b>Elizabeth Bell (18) W</b>					
1:57.33Y	F # 29B	Women 15 & Over 200 Free	2	17	1.21
52.67Y	F # 35B	Women 15 & Over 100 Free	1	20	0.99
2:16.94Y	F # 37B	Women 15 & Over 200 Fly	4	15	3.95
4:50.13Y	F # 39B	Women 15 & Over 400 IM	3	16	4.50
2:12.90Y	F # 59B	Women 15 & Over 200 IM	1	20	3.35
24.86Y	F # 61B	Women 15 & Over 50 Free	1	20	0.93
1:08.97Y	F # 63B	Women 15 & Over 100 Breast	1	20	2.30
5:18.99Y	F # 69B	Women 15 & Over 500 Free	3	16	-11.03
<b>Stephen Cohen (17) M</b>					
1:54.25Y	F # 30B	Men 15 & Over 200 Free	18	---	-1.46
2:23.57Y	F # 34B	Men 15 & Over 200 Breast	5	14	-8.98
51.02Y	F # 36B	Men 15 & Over 100 Free	9	9	-1.21
2:10.64Y	F # 60B	Men 15 & Over 200 IM	14	3	-2.19
23.13Y	F # 62B	Men 15 & Over 50 Free	5	14	-0.37
1:03.80Y	F # 64B	Men 15 & Over 100 Breast	3	16	-2.30
57.99Y	F # 68B	Men 15 & Over 100 Fly	10	7	-0.52
<b>Simone Corpora (14) W</b>					
NS	F # 29A	Women 13-14 200 Free	---	---	---
NS	F # 31A	Women 13-14 100 Back	---	---	---
NS	F # 33A	Women 13-14 200 Breast	---	---	---
NS	F # 35A	Women 13-14 100 Free	---	---	---
NS	F # 59A	Women 13-14 200 IM	---	---	---
NS	F # 61A	Women 13-14 50 Free	---	---	---
NS	F # 63A	Women 13-14 100 Breast	---	---	---
<b>Harley Crawshaw (11) W</b>					
1:38.02Y	F # 7	Women 11-12 100 IM	53	---	0.70
36.40Y	F # 11	Women 11-12 50 Free	71	---	-0.72
1:34.36Y	F # 15	Women 11-12 100 Back	57	---	-7.43
1:49.67Y	F # 23	Women 11-12 100 Breast	53	---	-2.00
1:22.45Y	F # 41	Women 11-12 100 Free	64	---	-3.39
42.64Y	F # 45	Women 11-12 50 Back	58	---	-0.63
50.25Y	F # 53	Women 11-12 50 Breast	52	---	-0.99
3:23.59Y	F # 57B	Women 11-12 200 IM	31	---	---
<b>Camille Davis (16) W</b>					
2:03.86Y	F # 29B	Women 15 & Over 200 Free	8	11	1.22
1:00.69Y	F # 31B	Women 15 & Over 100 Back	1	20	-0.51
57.29Y	F # 35B	Women 15 & Over 100 Free	7	12	0.84
26.94Y	F # 61B	Women 15 & Over 50 Free	12	5	0.49

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Time	F/P/S	Event	Place	Points	Improv
2:13.42Y	F # 65B	Women 15 & Over 200 Back	3	16	-1.01
1:06.55Y	F # 67B	Women 15 & Over 100 Fly	9	9	1.56
5:48.20Y	F # 69B	Women 15 & Over 500 Free	11	6	10.41
<b>Caleb Gomes (11) M</b>					
1:29.79Y	F # 8	Men 11-12 100 IM	23	---	-6.13
33.56Y	F # 12	Men 11-12 50 Free	30	---	-2.86
1:25.51Y	F # 16	Men 11-12 100 Back	21	---	-29.22
1:38.06Y	F # 24	Men 11-12 100 Breast	19	---	-7.67
1:18.46Y	F # 42	Men 11-12 100 Free	36	---	-8.57
39.78Y	F # 46	Men 11-12 50 Back	28	---	-5.11
45.32Y	F # 54	Men 11-12 50 Breast	28	---	-5.13
<b>Grace Gomes (13) W</b>					
2:24.54Y	F # 29A	Women 13-14 200 Free	38	---	-15.48
1:20.17Y	F # 31A	Women 13-14 100 Back	38	---	-6.83
3:14.70Y	F # 33A	Women 13-14 200 Breast	36	---	---
1:09.66Y	F # 35A	Women 13-14 100 Free	44	---	-2.03
2:46.51Y	F # 59A	Women 13-14 200 IM	44	---	---
31.30Y	F # 61A	Women 13-14 50 Free	46	---	-1.00
1:30.60Y	F # 63A	Women 13-14 100 Breast	34	---	-3.33
2:54.60Y	F # 65A	Women 13-14 200 Back	35	---	---
<b>Rachel Gomes (9) W</b>					
1:44.15Y	F # 9	Women 10 & Under 100 IM	53	---	-15.99
40.94Y	F # 13	Women 10 & Under 50 Free	57	---	-1.29
1:41.87Y	F # 17	Women 10 & Under 100 Back	35	---	---
2:04.09Y	F # 25	Women 10 & Under 100 Breast	47	---	---
1:36.97Y	F # 43	Women 10 & Under 100 Free	65	---	---
47.09Y	F # 47	Women 10 & Under 50 Back	56	---	---
59.90Y	F # 55	Women 10 & Under 50 Breast	61	---	---
<b>Ryan Hall (15) M</b>					
2:08.50Y	F # 30B	Men 15 & Over 200 Free	47	---	0.90
1:07.43Y	F # 32B	Men 15 & Over 100 Back	32	---	0.25
2:34.68Y	F # 38B	Men 15 & Over 200 Fly	15	2	3.25
5:06.43Y	F # 40B	Men 15 & Over 400 IM	21	---	2.19
2:23.76Y	F # 60B	Men 15 & Over 200 IM	34	---	-0.13
2:25.78Y	F # 66B	Men 15 & Over 200 Back	26	---	-0.72
1:09.60Y	F # 68B	Men 15 & Over 100 Fly	35	---	0.65
DQ	F # 70B	Men 15 & Over 500 Free	---	---	---
<b>Sarah Hall (18) W</b>					
2:26.58Y	F # 29B	Women 15 & Over 200 Free	23	---	1.51
1:17.86Y	F # 31B	Women 15 & Over 100 Back	21	---	0.93
1:09.01Y	F # 35B	Women 15 & Over 100 Free	21	---	2.54
2:53.08Y	F # 37B	Women 15 & Over 200 Fly	10	7	6.44
2:40.10Y	F # 59B	Women 15 & Over 200 IM	17	---	-2.04
31.41Y	F # 61B	Women 15 & Over 50 Free	22	---	0.63

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Time	F/P/S	Event	Place	Points	Improv
1:26.53Y	F # 63B	Women 15 & Over 100 Breast	17	---	2.48
1:18.35Y	F # 67B	Women 15 & Over 100 Fly	14	3	1.75
<b>Mary Huff (16) W</b>					
NS	F # 29B	Women 15 & Over 200 Free	---	---	---
NS	F # 31B	Women 15 & Over 100 Back	---	---	---
NS	F # 33B	Women 15 & Over 200 Breast	---	---	---
NS	F # 35B	Women 15 & Over 100 Free	---	---	---
NS	F # 59B	Women 15 & Over 200 IM	---	---	---
NS	F # 61B	Women 15 & Over 50 Free	---	---	---
NS	F # 63B	Women 15 & Over 100 Breast	---	---	---
NS	F # 65B	Women 15 & Over 200 Back	---	---	---
<b>Brett Jackson (16) M</b>					
NS	F # 30B	Men 15 & Over 200 Free	---	---	---
NS	F # 34B	Men 15 & Over 200 Breast	---	---	---
NS	F # 36B	Men 15 & Over 100 Free	---	---	---
NS	F # 40B	Men 15 & Over 400 IM	---	---	---
2:33.61Y	F # 60B	Men 15 & Over 200 IM	41	---	6.82
26.88Y	F # 62B	Men 15 & Over 50 Free	45	---	0.26
1:17.72Y	F # 64B	Men 15 & Over 100 Breast	22	---	0.18
1:07.61Y	F # 68B	Men 15 & Over 100 Fly	33	---	2.05
<b>Jared King (17) M</b>					
2:06.16Y	F # 30B	Men 15 & Over 200 Free	43	---	-4.47
2:38.41Y	F # 34B	Men 15 & Over 200 Breast	16	1	-2.01
56.32Y	F # 36B	Men 15 & Over 100 Free	42	---	-0.85
2:24.67Y	F # 60B	Men 15 & Over 200 IM	35	---	-1.80
25.29Y	F # 62B	Men 15 & Over 50 Free	31	---	-0.24
1:12.74Y	F # 64B	Men 15 & Over 100 Breast	16	1	-0.48
1:10.39Y DQ	F # 68B	Men 15 & Over 100 Fly	---	---	---
<b>Jack Krause (17) M</b>					
NS	F # 30B	Men 15 & Over 200 Free	---	---	---
NS	F # 32B	Men 15 & Over 100 Back	---	---	---
NS	F # 34B	Men 15 & Over 200 Breast	---	---	---
NS	F # 36B	Men 15 & Over 100 Free	---	---	---
NS	F # 60B	Men 15 & Over 200 IM	---	---	---
NS	F # 62B	Men 15 & Over 50 Free	---	---	---
NS	F # 66B	Men 15 & Over 200 Back	---	---	---
NS	F # 68B	Men 15 & Over 100 Fly	---	---	---
<b>Elizabeth Kuan (13) W</b>					
1:06.47Y	F # 31A	Women 13-14 100 Back	8	11	-1.94
2:53.43Y	F # 33A	Women 13-14 200 Breast	15	2	1.73
2:40.48Y	F # 37A	Women 13-14 200 Fly	10	7	-4.15
5:17.91Y	F # 39A	Women 13-14 400 IM	16	1	-8.13
2:31.19Y	F # 59A	Women 13-14 200 IM	20	---	-0.87
1:20.91Y	F # 63A	Women 13-14 100 Breast	13	4	0.13

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Time	F/P/S	Event	Place	Points	Improv
2:24.31Y	F # 65A	Women 13-14 200 Back	16	1	-2.44
1:12.90Y	F # 67A	Women 13-14 100 Fly	23	---	1.23
<b>Cameron KUAN (10) M</b>					
1:26.63Y	F # 10	Men 10 & Under 100 IM	6	13	-1.54
1:24.62Y	F # 18	Men 10 & Under 100 Back	9	9	-5.41
44.69Y	F # 22	Men 10 & Under 50 Fly	15	2	0.59
1:49.14Y	F # 26	Men 10 & Under 100 Breast	16	1	-0.56
1:13.54Y	F # 44	Men 10 & Under 100 Free	9	9	-1.67
42.60Y	F # 48	Men 10 & Under 50 Back	20	---	2.27
48.63Y	F # 56	Men 10 & Under 50 Breast	12	5	-0.11
3:10.28Y	F # 58A	Men 10 & Under 200 IM	8	11	-8.68
<b>Caseton Luthy (15) M</b>					
2:05.68Y	F # 30B	Men 15 & Over 200 Free	41	---	-4.00
2:40.04Y	F # 34B	Men 15 & Over 200 Breast	17	---	-3.02
54.42Y	F # 36B	Men 15 & Over 100 Free	30	---	-1.03
2:25.54Y	F # 60B	Men 15 & Over 200 IM	38	---	-1.12
25.07Y	F # 62B	Men 15 & Over 50 Free	27	---	-0.16
1:13.23Y	F # 64B	Men 15 & Over 100 Breast	17	---	0.12
NS	F # 68B	Men 15 & Over 100 Fly	---	---	---
<b>Courtney McCoskey (11) W</b>					
1:19.14Y	F # 7	Women 11-12 100 IM	19	---	-13.48
32.22Y	F # 11	Women 11-12 50 Free	38	---	0.48
1:19.82Y	F # 15	Women 11-12 100 Back	31	---	-2.52
2:41.68Y	F # 27B	Women 11-12 200 Free	35	---	-8.23
1:13.04Y	F # 41	Women 11-12 100 Free	38	---	-1.52
35.35Y	F # 45	Women 11-12 50 Back	21	---	-1.12
42.21Y	F # 53	Women 11-12 50 Breast	25	---	-1.64
3:00.23Y	F # 57B	Women 11-12 200 IM	26	---	-37.71
<b>James Medwedeff (14) M</b>					
NS	F # 30A	Men 13-14 200 Free	---	---	---
NS	F # 32A	Men 13-14 100 Back	---	---	---
NS	F # 34A	Men 13-14 200 Breast	---	---	---
NS	F # 36A	Men 13-14 100 Free	---	---	---
NS	F # 60A	Men 13-14 200 IM	---	---	---
NS	F # 62A	Men 13-14 50 Free	---	---	---
NS	F # 64A	Men 13-14 100 Breast	---	---	---
NS	F # 66A	Men 13-14 200 Back	---	---	---
<b>Miranda Payne (14) W</b>					
NS	F # 29A	Women 13-14 200 Free	---	---	---
NS	F # 31A	Women 13-14 100 Back	---	---	---
NS	F # 33A	Women 13-14 200 Breast	---	---	---
NS	F # 35A	Women 13-14 100 Free	---	---	---
NS	F # 59A	Women 13-14 200 IM	---	---	---
NS	F # 63A	Women 13-14 100 Breast	---	---	---

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Time	F/P/S	Event	Place	Points	Improv
NS	F # 67A	Women 13-14 100 Fly	---	---	---
<b>Darlene Sao (16) W</b>					
2:08.90Y	F # 29B	Women 15 & Over 200 Free	14	3	1.82
2:50.23Y	F # 33B	Women 15 & Over 200 Breast	7	12	2.84
58.20Y	F # 35B	Women 15 & Over 100 Free	10	7	-0.22
5:11.93Y	F # 39B	Women 15 & Over 400 IM	10	7	2.62
2:27.95Y	F # 59B	Women 15 & Over 200 IM	14	3	5.64
27.04Y	F # 61B	Women 15 & Over 50 Free	13	4	1.19
1:19.37Y	F # 63B	Women 15 & Over 100 Breast	13	4	0.69
5:43.98Y	F # 69B	Women 15 & Over 500 Free	10	7	6.06
<b>Austyn Sigler (16) W</b>					
1:19.89Y	F # 31B	Women 15 & Over 100 Back	22	---	0.97
2:52.48Y	F # 33B	Women 15 & Over 200 Breast	8	11	5.43
1:10.79Y	F # 35B	Women 15 & Over 100 Free	23	---	2.67
2:44.32Y	F # 59B	Women 15 & Over 200 IM	18	---	3.53
1:17.14Y	F # 63B	Women 15 & Over 100 Breast	10	7	1.62
2:49.81Y	F # 65B	Women 15 & Over 200 Back	16	1	2.67
1:24.12Y	F # 67B	Women 15 & Over 100 Fly	15	2	-2.80
<b>Austin Stogsdill (16) M</b>					
NS	F # 30B	Men 15 & Over 200 Free	---	---	---
NS	F # 32B	Men 15 & Over 100 Back	---	---	---
NS	F # 34B	Men 15 & Over 200 Breast	---	---	---
NS	F # 36B	Men 15 & Over 100 Free	---	---	---
NS	F # 60B	Men 15 & Over 200 IM	---	---	---
NS	F # 62B	Men 15 & Over 50 Free	---	---	---
NS	F # 64B	Men 15 & Over 100 Breast	---	---	---
<b>Jacob Stone (12) M</b>					
5:29.78Y	F # 4	Men 11-12 500 Free	1	20	-7.54
1:06.06Y	F # 8	Men 11-12 100 IM	1	20	-1.93
26.20Y	F # 12	Men 11-12 50 Free	1	20	-0.20
1:13.78Y	F # 24	Men 11-12 100 Breast	1	20	0.06
2:03.92Y	F # 28B	Men 11-12 200 Free	2	17	-2.62
57.37Y	F # 42	Men 11-12 100 Free	2	17	0.30
32.27Y	F # 46	Men 11-12 50 Back	5	14	-0.01
33.17Y	F # 54	Men 11-12 50 Breast	1	20	-0.72
2:20.92Y	F # 58B	Men 11-12 200 IM	2	17	-5.53
<b>Emily Stroud (13) W</b>					
NS	F # 29A	Women 13-14 200 Free	---	---	---
NS	F # 31A	Women 13-14 100 Back	---	---	---
NS	F # 35A	Women 13-14 100 Free	---	---	---
NS	F # 61A	Women 13-14 50 Free	---	---	---
NS	F # 65A	Women 13-14 200 Back	---	---	---
NS	F # 67A	Women 13-14 100 Fly	---	---	---

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<b>Time</b>	<b>F/P/S</b>	<b>Event</b>	<b>Place</b>	<b>Points</b>	<b>Improv</b>
<b>Kelsie Walker (13) W</b>					
2:00.29Y	F # 29A	Women 13-14 200 Free	1	20	0.80
2:43.47Y	F # 33A	Women 13-14 200 Breast	7	12	---
55.96Y	F # 35A	Women 13-14 100 Free	3	16	0.56
2:13.18Y	F # 37A	Women 13-14 200 Fly	1	20	0.79
2:17.57Y	F # 59A	Women 13-14 200 IM	3	16	-2.37
26.69Y	F # 61A	Women 13-14 50 Free	9	9	0.09
1:02.29Y	F # 67A	Women 13-14 100 Fly	2	17	-0.84
5:16.60Y	F # 69A	Women 13-14 500 Free	2	17	3.23
<b>Richard Walker (16) M</b>					
2:05.06Y	F # 30B	Men 15 & Over 200 Free	37	---	6.57
1:05.16Y	F # 32B	Men 15 & Over 100 Back	27	---	1.29
56.59Y	F # 36B	Men 15 & Over 100 Free	45	---	2.78
25.65Y	F # 62B	Men 15 & Over 50 Free	35	---	0.22
2:16.02Y	F # 66B	Men 15 & Over 200 Back	12	5	-3.02
5:36.70Y	F # 70B	Men 15 & Over 500 Free	19	---	20.65
<b>Maggie Yewell (13) W</b>					
2:36.73Y	F # 29A	Women 13-14 200 Free	53	---	-10.65
1:25.40Y	F # 31A	Women 13-14 100 Back	44	---	-3.51
3:19.48Y	F # 33A	Women 13-14 200 Breast	40	---	-17.29
1:12.21Y	F # 35A	Women 13-14 100 Free	47	---	-3.11
3:01.11Y	F # 59A	Women 13-14 200 IM	53	---	-9.62
32.11Y	F # 61A	Women 13-14 50 Free	50	---	-1.25
1:33.41Y	F # 63A	Women 13-14 100 Breast	37	---	-5.68
3:03.13Y	F # 65A	Women 13-14 200 Back	39	---	-4.22
<b>Taylor Yucus (11) M</b>					
1:25.54Y	F # 8	Men 11-12 100 IM	18	---	-3.65
33.65Y	F # 12	Men 11-12 50 Free	31	---	0.28
1:24.10Y	F # 16	Men 11-12 100 Back	18	---	-3.64
1:40.75Y	F # 24	Men 11-12 100 Breast	22	---	-0.03
1:14.82Y	F # 42	Men 11-12 100 Free	31	---	-1.48
39.07Y	F # 46	Men 11-12 50 Back	26	---	-0.89
48.27Y	F # 54	Men 11-12 50 Breast	33	---	1.98
3:15.14Y	F # 58B	Men 11-12 200 IM	28	---	-4.29